



Has helped 125,000+ patients nationwide recover faster with lower risk of post-op complications.

FREE
Samples
Available

Zero Degree Knee™

Maintain optimal post-op knee extension

- Elevate the heel to create adequate space behind the knee to allow for full knee extension.
- Keep the toes pointed toward the ceiling in a neutral position.
- Control external rotation of the hip and eliminate associated knee flexion.



Zero Degree Knee
#925.ZDK-BX12

“The ZDK is being used by 20 of our 21 surgeons, and every patient goes home with it. It has been a great tool for getting our patients to recover faster.”

– Lancaster General Hospital



Also available for patients to purchase at
www.mycomfortmd.com



mycomfortmd.com

The Zero Degree Knee simplifies home exercises and helps patients recover faster.

The Problem:

“A persistent flexion contracture can be a greater impairment than limited knee flexion with poor long term outcomes and may cause abnormal stresses on both knees.”
The Journal of Arthroplasty 29 (2014) 85-89

The Solution:

“The Zero Degree Knee was created by a total knee arthroplasty surgeon. He spent years using pillows, blankets, and other devices to maintain post-op extension. None of these methods adequately prevented internal rotation of the foot, nor reliably allowed for full extension of the knee. He worked with Bone Foam to design the Zero Degree Knee.

Zero Degree Knee Slider

Versatile tool that helps patients complete home exercises while maintaining full knee extension.

- Designed to facilitate knee and hip motion after surgery.
- Easily perform flexion, abduction, and adduction exercises of the hip.
- Hard plastic shell slides easily on any surface.



Zero Degree Knee Slider
#925.ZDKSLIDER-BX10

Zero Degree Knee Coated

Helping Prevent Dislocation Episodes after THA

- ZDK maintains neutral hip alignment and secures the lower extremity during post-op.
- Reusable Zero Degree Knee model for use in-hospital.

Indications: Post-Op: Total Knee Replacement, Ligamentous Reconstruction of Knee Dislocations, Tibia Plateau Fractures, ACL Surgeries, Distal Femur Fractures, Contracture Release of HO Excision of Knee, Hip Dislocation

Zero Degree Knee
Coated
#925.ZDKC

