



Zero Degree Knee™

Maintain optimal post-op knee extension

- Elevate the heel to create adequate free space posterior to the knee, to allow for full knee extension.
- Keep the toes pointed toward the ceiling in a neutral position.
- Prevent external rotation of the foot, and eliminate associated flexion at the knee.



Zero Degree Knee
#925.ZDK

Zero Degree Knee
Coated
#925.ZDKC

Call or email for

FREE
ZDK
Samples

“The ZDK is being used by 20 of our 21 surgeons, and every patient goes home with it. It has been a great tool for getting our patients to recover faster.”

– Lancaster General Hospital

925.ZDK
www.bonefoam.com

“The Zero Degree Knee was good to use 4-5 times a day for 5 minutes at a time to relax and obtain full extension.”

The Problem:

“A persistent flexion contracture can be a greater impairment than limited knee flexion with poor long term outcomes and may cause abnormal stresses on both knees.”
The Journal of Arthroplasty 29 (2014) 85-89

The Solution:

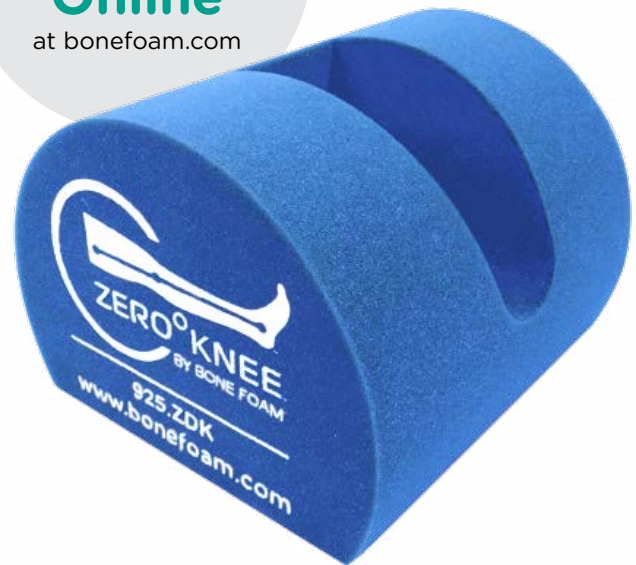
“The Zero Degree Knee was created by a total knee arthroplasty surgeon. He spent years using pillows, blankets, and other devices to maintain post-op extension. None of these methods adequately prevented internal rotation of the foot, nor reliably allowed for full extension of the knee. He worked with Bone Foam to design the Zero Degree Knee.

Indications: Post-Op: Total Knee Replacement, Ligamentous reconstruction of knee dislocations, Tibia Plateau Fractures, ACL Surgeries, Distal Femur Fractures, Contracture release of HO excision of knee, Hip Dislocation

Now Available
for Patients to

**Order
Online**

at bonefoam.com



Helping Prevent Dislocation Episodes after Anterior THA

- ZDK aids in controlling rotation and neutral alignment. Secures the foot and leg post-op while spinal is wearing off
- Reusable Zero Degree Knee model for use in-hospital

